

2018 Interstate Regatta – State Team Selection Process

PROCESS 1 – ABLE BODIED INTERSTATE EVENTS

NOMINATION DUE DATES:

Coach Nominations: 19th January 2018.

Interstate Regatta Final Nominations (incl. Coxes): 19th January 2018.

Nominations to be made at <http://jotform.co/form/40128656639865>

Important Dates

Athletes are required to attend ALL selection events.

Athletes are required to wear their Club uniform at ALL selection events.

Date	Event	Location	Other Info
22 nd -31 st January	30 minute open rate Ergo	ACTAS Boathouse	Fixed Lwt W: 60.4kg Lwt M: 74.2kg
7 th February	2km Ergo	ACTAS Boathouse	Fixed Lwt W: 60.4kg Lwt M: 74.2kg
16 th or 18 th February	NSW Championships	Penrith	
19 th -26 th February	Seat racing as required	Lake Burley Griffin	M8+, W8+, ML4-, WL4x, MY8+, WY8+
3 rd March	ACT Championships (M1x and W1x only. Highest ranked in M1x and W1x Championships to be selected)	Lake Burley Griffin	M1x W1x
<i>Finalise Crews (tentatively)</i>			

Interstate Events

Event	Trophy	Age
Men's Eight	Kings Cup	Senior
Women's Eight	Queens Cup	Senior
Men's Lightweight Coxless Four	Penrith Cup	Senior
Women's Lightweight Coxless Quad	Victoria Cup	Senior
Men's Single Scull	Presidents Cup	Senior
Women's Single Scull	Nell Slatter Cup	Senior
Men's Youth Eight	Wilkinson Cup	U21
Women's Youth Eight	Bicentenary Cup	U21

PROCESS 2 – PARA INTERSTATE EVENTS

NOMINATION DUE DATES:

Coach Nominations: 19th January 2018.

Interstate Regatta Final Nominations (incl. Coxes): 19th January 2018.

Nominations to be made at <http://jotform.co/form/40128656639865>

Important Dates

Athletes are required to attend ALL selection events.

Athletes are required to wear their Club uniform at ALL selection events.

Date	Event	Location	Other Info
22 nd -31 st January	1km Ergo	ACTAS Boathouse	
16 th -18 th February	NSW Championships	Penrith	
19 th -26 th February	Seat racing if required	Lake Burley Griffin	
<i>Finalise Crews (tentatively)</i>			

Para Interstate Events

Event	Trophy	Age
Men's PR3 Single Scull		Senior
Women's PR3 Single Scull		Senior