

2019 Interstate Regatta Pathways 8+ Team Selection Policy & Process

Overview

The Pathway 8+ event is an interstate schoolboy/schoolgirl 8+ regatta held annually at Australian underage selection trials at the Sydney International Regatta Centre (In 2019 this event is currently scheduled around Easter 20th-23rd April, however exact dates will be confirmed in the new year). The aim of the pathway 8+ event is to expose school age rowers and coaches to the next level of rowing. It is a chance for young rowers to experience state selection processes, compete against their school age counterparts from around the country, to work with high level coaches and to encourage school rowers to make the next step in their rowing pathway. The pathway 8+ program involves them participating in regular development camps, state selection processes and crew experience outside their club/school program.

Expression of Interest

Participants are encouraged to submit their expression of interest before the first Development Pathway Camp. All participants must meet the athlete eligibility criteria.

Expressions of Interest close on 30th November 2018 and can be made at

<https://form.jotform.co/83071880746867>

Athlete Eligibility

Athletes must:

- Be a current financial and registered member of Rowing ACT
- Be a rower from any secondary school in the ACT region in years 10, 11 or 12 in 2019.
- Agree to abide by all Rowing ACT policies
- Be available for Rowing ACT Development Camps in December and January
- Be available for regular training for the weeks beginning 8th April and 15th April 2019.
- Be available for all days of the event in April 2019

Selection Criteria

The aim is to use the development camps to create the fastest crew possible to achieve excellence in the pathway 8+ regatta. The program also aims to support the high performance pathway of athletes, coxswains and coaches.

(a) Rowers

Selection will take into account the following:

- Current skill and fitness level, including Dyno leg press and Arm/Leg Bike testing
- Ability to row sweep
- 2km erg score (to be completed in January 2019 under the direct personal supervision of their coach)
- Recent on water performance
- Any current injury, condition or circumstance which has or might impair, inhibit or prevent the athletes performance
- Factors relevant to crew combination, namely compatibility, team balance and harmony
- Coaches input (attitude to training, attendance etc)

(b) Coxswains

The following may be considered for selection:

- Steering
- A voice recording of a race
- Performance will be assessed by the coach/crew/selectors during development camps
- Factors relevant to crew combination, namely compatibility, team balance and harmony
- Coaches input (recent performance, attitude to training, attendance etc)

Coaches Selection Criteria

Coaches must:

- Submit an expression of interest
- Be currently involved in an ACT school or club rowing program
- Demonstrated an ability to manage and coach a crew
- Hold a current NCAS L1 accreditation
- Hold a working with vulnerable people accreditation
- Be available for all training sessions and travel to Penrith with the team

Selection Panel

- RACT Development Officer Renae Domaschenz (ractpathways@gmail.com) will be responsible for all logistical aspects of the pathways 8+ program, communication with all participants throughout the course of the program.
- The selection panel will consist of RACT HPP coaches Nick Garratt and Renae Domaschenz alongside the selected pathway 8+ coaches.

Selectors Discretion

- Selectors will follow the selection criteria and process
- The selectors may apply a standard which calls for a value judgement and overall assessment of the relevant criteria
- The exercise of selectors discretion must be rational, logical, defensible and accountable, and most importantly fair to all athletes.
- Selectors may deselect any athlete who fails to comply with any of the Rowing ACT policy or brings RACT, the state team or the sport into disrepute, before and during the event. In the event of an athlete being deselected, the selectors may select another athlete at their discretion
- The selectors and RACT board reserve the right to not enter a crew in any event should the potential selected crew for that event be deemed not to be of high enough competitive standard to represent the ACT at the event

Grievance Process

An athlete who has not been selected and who believes:

- The selectors have acted in a biased fashion and/or
- The established criteria and processes have not been followed

can lodge in the first instance an enquiry or grievance with the High Performance Coordinator (hp@rowingact.org.au) **within 48hrs** of being advised of his/her non-selection

Selection Data

RACT collects and retains data for each athlete and his/her rowing performance. Upon the conclusion of the selection process and naming of the crews, RACT reserves the right to retain that data for future comparative purposes and/or share that data with ACTAS and Rowing Australia.

Event Requirements

Date	Session
Camp #1 1 st -2 nd December 2018	Saturday 1 st December: 10.30am-1pm Sunday 2 nd December: 7.30am-12 noon
Camp #2 18 th -20 th January 2019	Friday 18 th January: 10am-1pm Saturday 19 th January: 10.30am-2pm Sunday 20 th January: 7.30am-9.30am
1 st -31 st January 2019	Ergometer 2000m Test*
8 th -20 th April 2019	Morning training sessions as required
20 th -23 rd April 2019 (TBC)#	Australian Underage Trials and Pathway 8+ Event SIRC

* 2km Ergometers to be completed at own school or club and a photo of the screen is to be sent to the selectors.

Please be aware this event will likely run over the Easter period