



Expressions of Interest: Level 3 (Performance Rowing Coach) course

Rowing Australia is holding a Level 3 (Performance Rowing Coach) course from the evening of Saturday 12th October to Thursday 17th October 2019 in Canberra, ACT.

The Level 3 course is for coaches committed to increasing their knowledge and understanding of the art and science of coaching; and their own personal development. Those aiming towards, or currently in leadership roles at schools and clubs, and / or coaching at State level or above will find this course well worth the investment. Leading coaches and sports scientists will be presenting the modules. It is also a great networking opportunity.

Ben Southwell, Head Coach at the QAS, who participated in a recent Level 3 course hosted by RA said: *"The Level 3 coaching course provides a great opportunity to reflect and refine your own coaching practices. The course allowed me to further my professional coaching development and help identify areas for further growth. In addition, the course presents an opportunity to network with other coaches throughout Australia and gain insightful knowledge and experience from key speakers and facilitators."*

The course requirements are five full days of face-to-face learning in Canberra, followed by assignments.

Cost of the course remains at \$1070, which includes all course materials, five night's accommodation and 3 meals per day in Canberra.

Expressions of interest (EOI) are being sought from accredited Level 2 coaches.

Please send your EOI, up to 300 words, via email to coaching@rowingaustralia.com.au by Friday 26th July 2019.

Contact Ron Batt with any questions: 0410 583 474 or by email as above.