



## **Coach – ACT Youth Cup Team**

### **Purpose**

To coach the ACT Youth Cup Team, provide guidance in the development of the ACT Youth Cup rowers and broaden the participation rate at the base level of ACT elite rowing.

### **Responsibilities**

- Direct the activities of the rowers within the team to ensure the team is fully prepared to compete at the Youth Cup Regatta.
- Develop, implement and keep training programs relating to the preparation of the team.
- Be responsible for occupational, health and safety and environmental management matters relating to the team.
- Provide guidance to the members of the team on introducing the rowers to elite style training, rower education and representative team commitment.
- Provide care and support to the team during training, camps and competition.
- Communicate effectively with individual athletes' coaches regarding training and expectations.

### **Issues and Challenges**

Managing a team of rowers in meeting the diverse and often competing demands of rowing clubs and individuals.

### **Decision Making and Accountability**

This position is a ACTRA coach. The job holder is required to work largely unsupervised and is accountable for:

- The quality of work and performance standards in ensuring the Youth Team meets ACTRA needs.

- Ensuring well informed technical judgements are made in coaching decisions that deliver performance and in ensuring OH&S standards are met.
- Effective planning for, and conduct of, team training, camps and competition.

### **Job Dimension**

This position reports to ACTRA Head Coach.

As coach you will be responsible for 10 youth rowers and assist with the care and support of the rest of the team.

### **Key Result Areas**

- Well documented training programs.
- Rowers are equipped to perform at optimum level at the Youth Cup Regatta.
- Rowers have a better understanding and appreciation of representative team rowing.

### **Aims**

- Team finishes among the top 3 Australian teams.
- Team wins 8+ event at the Youth Cup Regatta.

### **Selection criteria**

- Minimum Level 1 NCAS Rowing accreditation or overseas equivalent
- Understands the aspects of rower development and providing guidance in elite rowing pathways.
- Demonstrated performance of athletes
- A well developed understanding of OH&S relating to ACT rowing.
- Able to lead and motivate rowers.
- Able to plan and carry out multiple tasks while coaching to tight dead lines.
- Able to work independently and as a team member.
- Reliable, self motivated and fully committed to ACTRA representative teams.