



2021 AUSTRALIAN MASTERS CHAMPIONSHIPS INTERSTATE MASTERS SELECTION POLICY

Introduction

This document outlines the process and criteria for the selection of crews for the Masters Interstate events to be held during the 2021 Australian Masters Rowing Championships (AMRC) at Sydney International Regatta Centre from 27 – 30 May 2021 (subject to confirmation by Rowing Australia and event organisers).

Rowing ACT aims to select State crews for:

Masters Women's Eight (W8+)

Masters Men's Eight (M8+)

Masters Women's Quad (W4x)

Masters Men's Quad (M4x)

Crews will make up the average category of 'D' with the average crew age being 50-54 years.

A Selection Panel will be convened to manage the selection process.

Eligibility

All athletes must meet the eligibility criteria as set out by this document to be considered for selection.

- a) Athletes must be a current registered member of Rowing ACT
- b) Athletes must a current financial member of a club registered to Rowing ACT

- c) Athletes must be considered “Masters” and aged 27 and over (excluding coxswains).
- d) Be willing to participate in all selection events as set out by this policy unless granted an exemption by the Selection Panel. Those who do not participate in selection events without being granted an exemption will be not considered for selection
- e) Be willing and able to travel to Sydney for the 2021 AMRC at their own cost.

Selection Process and Criteria

The Selection Panel reserves the right to use their discretion to add or eliminate events, and to include other factors into their decision-making process. Individuals who have nominated to be considered for selection will be advised of any changes to the selection process and criteria prior to the changes being implemented.

The selection process will comprise two stages;

Stage 1:

1. Nominees are asked to complete a 1000m ergometer test and submit their results by **5pm, Friday 29 January 2021**.

Results should be submitted to the Masters Selection Coordinator (masterscoord@rowingact.org.au) via a photograph of their times, showing the summary screen with 500m splits, along with their name, age and date of completion.

The results of the selection ergometer are for selection purposes only and therefore are confidential and will not be made public.

2. Nominees are asked to compete at the Canberra Grammar School Regatta on **Saturday 30 January 2021**. Nominees should compete in one 1000m event, with the preference of the selection panel to be racing in small boats, however other 1000m events are considered suitable selection events. See annex A for details regarding these events

Nominees are asked to inform the selection panel of boats and crews they wish to compete in as part of the stage 1 selection process.

If nominees are unable to participate in these events, they should seek an exemption from the selection panel by 5pm, Friday 29 January 2021. Seat fees for these events will be waived as they are official selection events.

See annex A for details regarding these events.

Stage 2:

To assist selectors in determining the fastest combinations of crew, based on ergometer scores and times achieved in the CGS regatta, nominees will be designated crews as set by the Selection Panel and asked to race for times.

1. Designated crews will be asked to compete at the ANU Boat Club Regatta on **Saturday 13 February 2021** in Double Sculls (2x) (for Quad nominees), and coxless fours (4-) (for Eights nominees).

Seat fees for these events will be waived as they are considered official selection events. See annex A for details regarding these events

2. Nominees will then be designated into Quad Sculls and Coxed Eight Crews and will be asked to compete in a time trial event on the weekend of the **27-28 February 2021** (date and time to be confirmed) prior to ACT Junior Championships events.

Set fees for these events will be waived as they are considered official selection events

3. From these data points, the Selection Panel will select the ACT crews for the 2021 AMRC Interstate Events.
4. Those not selected in the initial drafts of crews to compete in the interstate regatta may be asked to act as reserves.

All nominees must participate in designated selection events or will be unable to be considered for selection. If a nominee is unable to complete a selection event, then they should seek an exemption from the Selection Panel by contacting the Masters Selection Coordinator at masterscoord@rowingact.org.au.

Crews will be selected for the Interstate events by the Selection Panel following the selection events, and will be decided by a combination of results from selection events and other factors at the selectors discretion, including but not limited to age and average age of the crew, fitness, crew compatibility, adherence to the selection policy, prior racing results of individuals and crew, and proven ability under racing conditions.

Coxswain and Coach Selection

Coxswain selection for the Men's and Women's Masters Interstate Eights will occur during the second stage of trialling. Coxswains do not need to meet the age criteria.

The coxswain selection criteria include but are not limited to:

- a) data collected including race recordings and GPS tracking
- b) Coach and athlete input
- c) Past and present performance results from training and competition
- d) Ability to work cohesively with the crew and coach

The Selection Panel may consider other factors at its discretion.

Coach Selection will be announced once the final crews have been selected following the final selection event on the weekend of the 27- 28 February 2021. The selection criteria for coaches includes but is not limited to:

- a) Past and present coaching performance
- b) Coaching qualifications
- c) Ability to work cohesively with the selected crew

Rowing ACT will coordinate coaches for crews where no nominations have been received or alternate arrangements have not been made.

Selection Panel

The crews will be selected by a panel made up of:

- Alison Creagh,
- Neil Smith, and
- Luke Letcher

Interstate Masters Selection Coordinator is Sarah Davoren. Sarah is the point of contact for nominees and can be contacted at masterscoord@rowingact.org.au.

Appeals Process

Should an athlete, coxswain or coach consider that, to their detriment, natural justice has not been applied in the selection process, then that athlete can lodge, in the first instance, an appeal to the Rowing ACT Masters Interstate Selection Panel within 48 hours of being notified that they are no longer a part of the trial or selection process, or that if they have not been selected into a crew, if it is considered that:

1. The selectors have acted in a biased fashion, and/or
2. The established criteria and processes have not been followed.

If an appeal is lodged it will be reviewed by an independent party and the person lodging the appeal will be advised.

Other Information

Grade scores and selection. It is recognised that during the trialling stage, some rowers may have a higher grade score and as such would normally compete in

higher grade races. They are thereby requested to compete in the events nominated by the Selection Panel to assist in the selection process.

Cancellation of trial events. If selection events or regattas are cancelled due to weather or environmental factors, alternate trial dates will be arranged. Nominees will be notified prior to confirmation of alternate trial dates to find a day which suits a majority.

Training after selection. Selected athletes and crews should make themselves available for training following the announcement of crews.

Uniforms. Individuals selected to represent the ACT in crews will be provided with an ACT Interstate Rowing Suit (provided they do not already own a current one) and cap at no cost. Reserves will be provided with a rowing suit if they are required to compete. Coaches will be provided with a Rowing ACT cap and polo shirt.

Personal information. All nominees will be asked for permission before any personal information is passed onto other nominees. Information provided to Rowing ACT during the selection process will be considered confidential and treated as such. If nominees wish to contact other nominees to arrange crews to train in prior to selection please contact Sarah Davoren via email at masterscoord@rowingact.org.au.

Further questions. Questions regarding this selection policy should be emailed to masterscoord@rowingact.org.au.

Policy Issued

This selection policy is correct as at 20 December 2020.

Alison Creagh AM CSC

President

Rowing ACT

SELECTION EVENT REQUIREMENTS

Individuals who have nominated for Masters Interstate selection should submit an entry to compete in one of the 1000m events (seat fees waived) using the normal regatta entry process. Entries should be notified to the Masters Selection Coordinator at masterscoord@rowingact.org.au.

Individuals may form crews with other nominees and race in other events in the regatta. These crews should be notified to the Masters Selection Coordinator at masterscoord@rowingact.org.au. Seat fees will not be waived for these additional entries.

CGS Regatta - 30 January 2021

- a) Event 17 (Masters Men's Coxed/Coxless Quad Scull) to include Men's Coxed/Coxless Fours for this regatta
- b) Event 20 (Men's E Grade Single Scull) or Event 21 (Women's E Grade Single Scull)
- c) Event 25 (Men's D Grade Double Scull) or Event 26 (Women's D Grade Double Scull)
- d) Event 27 (Women's Masters Quad Scull) to include Women's Coxed/Coxless Fours for this regatta
- e) Event 28 (Men's D Grade Double Scull) or Event 29 (Women's E Grade Double Scull)
- f) Event 40 (Men's D Grade Single Scull) or Event 41 (Women's D Grade Single Scull)
- g) Event 42 (Men's E Grade Double Scull) or Event 43 (Women's E Grade Double scull)
- h) Event 44 (Men's D and E Pair) or Event 45 (Women's D and E Pair)

Alternate race entries will only be accepted at the discretion of the Selection Panel - nominees must seek exemption to enter into alternate races as part of a selection event.

ANU Boat Club Regatta - 13 February 2021

Crews designated by the Selection Panel for consideration in the quad scull will be asked to compete in:

- a) Event 22 (Men's D Grade Double Scull) or Event 23 (Women's D Grade Double Scull)
- b) Event 42 (Men's E Grade Double Scull) or Event 43 (Women's E Grade Double Scull)

Crews designated by the selection panel for consideration in the eight will be asked to compete in:

- a) Event 17 (Masters Men's Coxed/Coxless Quad Scull) to include Men's Coxed/Coxless Fours for this regatta
- b) Event 27 (Women's Masters Quad Scull) to include Women's Coxed/Coxless Fours for this regatta
- c) Other events decided by the Selection Panel if required

KEY SELECTION DATES

Key dates for nominees:

Friday 29 January 2021 – Ergometer Scores submitted by 5pm to Masters Selection Coordinator at masterscoord@rowingact.org.au

Saturday 30 January 2021 – Canberra Grammar School Regatta, in which nominees must enter one 1000m event. Boats and Crews should be emailed to the Masters Selection Coordinator by 5pm Friday the 29th of January.

Saturday 13 February 2021 – ANU Boat Club Regatta, in which designated crews will compete in races as part of Stage 2 of selection

Saturday the 27 - 28 February 2021 (detailed date and time to be advised) – ACT Junior Championships, where designated crews will compete in a time trial

Saturday 13 March – ACT Open and Masters Championships, where selected crews will compete

27 – 30 May 2021 – Australian Masters Rowing Championships, to be held at Sydney International Rowing Centre, Penrith NSW.