

ACT Team Selection Event Requirements: 2022 Australian Interstate Regatta and Interstate Pathways Vllls

COVID-19

Due to the 2021 Covid 19 outbreak in the ACT, some processes regarding selection and the timing of selection events may require alteration. Rowing ACT will update nominated athletes of confirmed dates and processes at the earliest time possible.

Nominated athletes who are unable to attend selection events due to COVID-19 restrictions are encouraged to engage with Rowing ACT to discuss alternate arrangements where possible.

SELECTION POLICY

Before proceeding to reading the event requirements read and understand the “ACT State Team Selection Policy”, which can be found on the Rowing ACT website, at rowingact.org.au and in the documents section of Team App.

PROCESS 1: SENIOR EVENTS AT THE AUSTRALIAN INTERSTATE REGATTA

Nomination due date: 5.00pm Monday 6 December 2021 (includes athletes, coxswains and coaches)

Nominations to be made at [\(insert link here\)](#)

Event Requirements:

Athletes are required to attend ALL selection events unless listed as “Not compulsory”.

Athletes should wear their Club uniform at ALL selection events.

Date	Event	Location	Other Info
19 November 2021	RACT Time Trial (<i>Not compulsory</i>)	Lake Burley Griffin	Lwt W: 62kg Lwt M: 75kg
10 December 2021	RACT Time Trial / National Time Trial	Lake Burley Griffin or Nepean River	Lwt W: 62kg Lwt M: 75kg
18 December 2021	Senior squad athletes and squad coaches announced		M8+, W8+, ML4-, WL4x
18-25 January 2022	2km Erg Test Window	ACTAS Boathouse	Lwt W: 60.5kg Lwt M: 73.75kg
31 January 2022	Closing date for State of Origin transfer requests		
5-7 February 2022	NSW Championships Senior squad members to compete. Highest ranked in M1x, W1x, Para M1x and Para W1x Championship events to be proposed for selection in those boats.	Penrith	Lwt W: 59.0kg Lwt M: 72.5kg
18 February 2022	ACT Crew Speed Order for Nationals Qualification		
25 February 2022	Team announced		
28 March - 3 April 2022	Australian National Rowing Championships	SIRC	

Senior Interstate Team Events:

Event	Trophy
Men's Eight	Kings Cup
Women's Eight	Queens Cup
Men's Lightweight Coxless Four	Penrith Cup
Women's Lightweight Coxless Quad	Victoria Cup
Men's Single Scull	Presidents Cup
Women's Single Scull	Nell Slatter Trophy
Men's PR3 Single Scull	
Women's PR3 Single Scull	

PROCESS 2: YOUTH EVENTS AT THE AUSTRALIAN INTERSTATE REGATTA

Nomination due date: 5.00pm Wednesday 27th January 2022 (includes athletes, coxswains and coaches)

Nominations to be made at <https://form.jotform.com/220061476153852>

Event Requirements:

Athletes are required to attend ALL selection events unless listed as "Not compulsory".

Athletes should wear their Club uniform at ALL selection events.

Date	Event	Location	Other Info
May till September	ACT Interstate Training Days. <i>*This event is encouraged but not compulsory</i>	CGS Tuesdays. 5.30am till 7.30am during Winter and September.	Summer Holiday Dates TBC
October - March	ACT Interstate Training Days. Regular attendance will enhance your prospects of selection. Participation is encouraged.	First Tuesday of October, November, December, February, March. CGS Tuesdays 4pm arrival till 6pm conclusion.	Summer Holiday Dates TBC
9-10 January 2022 7:30am – 11:00am	Under 21 and School Pathways Selection Camp. Crew trialling and seat racing as required. Rankings determined as per selection policy.	Lake Burley Griffin	Meet at CGS.
10– 31 January 2022	2km Erg Test	ACTAS Boathouse, home club or school	Scores to be submitted 31/1/2022
31 January 2022	Closing date for State of Origin transfer requests		
Sunday 20 February 2022	ACT Crew Speed Order for Nationals Qualification	Lake Burley Griffin	Meet at CGS.
25 February 2022	Team announced		
28 March - 3 April 2022	Australian National Rowing Championships	SIRC	

Youth Interstate Team Events:

Event	Trophy	Age
Men's Youth Eight	Wilkinson Trophy	U21
Women's Youth Eight	Bicentenary Cup	U21

PROCESS 3: JUNIOR INTERSTATE PATHWAY VIIIs

Nomination due date: 5.00pm Wednesday 27th January 2022 (includes athletes, coxswains and coaches)

Nominations to be made at <https://form.jotform.com/220061476153852>

Event Requirements:

Athletes are required to attend ALL selection events unless listed as "Not compulsory".

Athletes should wear their Club uniform at ALL selection events.

Date	Event	Location	Other Info
May till September	ACT Interstate Training Days. <i>*This event is encouraged but not compulsory</i>	CGS Tuesdays. 5.30am till 7.30am during Winter and September.	Summer Holiday Dates TBC
October - March	ACT Interstate Training Days. <i>*This event is encouraged but not compulsory</i>	First Tuesday of October, November, December, February, March. CGS Tuesdays 4pm arrival till 6pm conclusion.	Summer Holiday Dates TBC
9-10 January 2022. 7.30am – 11am.	Under 21 and School Pathways Selection Camp. Crew trialling and seat racing as required. Rankings determined as per selection policy.	Lake Burley Griffin	Meet at CGS.
10– 31 January 2022	2km Erg Test (verified)	ACTAS Boathouse, home club or school	Scores to be submitted 31/1/22
Wednesday 20 April - Sunday 22 April	Trials Preparation Camp	TBC	
30 April - 8 May	Underage Selection Trials-	SIRC	

Interstate Team Events National at U19 Selection Trials

Event	Trophy	Age
Men's Pathway Eight		U19
Women's Pathway Eight		U19